

A full student lunch includes choice of entrée, TWO vegetable/fruit side dishes, and milk.

Daily milk choices include: Low Fat White or Chocolate

Station	Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p>	<p>ITALIAN PASTA BOWL:</p> <p>Whole Grain Rotini</p> <p>Shredded Part Skim Mozzarella</p> <p>Steamed Broccoli</p> <p>Whole Wheat Toasted Garlic Bun</p> <p>Red Marinara Sauce with Meatballs</p> <p>Roma Herb Seasoning Blend</p>	<p>ORANGE GINGER CHICKEN BOWL:</p> <p>Popcorn Chicken</p> <p>Oriental Fried Brown Rice</p> <p>Seasoned Carrots</p> <p>Sesame Breadstick</p> <p>Homemade Orange Ginger Sauce</p> <p>Chopped Green Onion</p>	<p>BACKYARD BBQ BOWL:</p> <p>Fresh Roasted Southern Style BBQ Pork</p> <p>Cheesy Macaroni</p> <p>Seasoned Green Beans</p> <p>Fresh Baked Biscuit</p> <p>Honey BBQ Sauce</p> <p>Chopped Green Onion</p>	<p>SAUCY CHICKEN BOWL:</p> <p>Pineapple Glazed Chicken</p> <p>Mashed Potatoes</p> <p>Seasoned Mixed Veggies</p> <p>Whole Grain Dinner Roll</p> <p>Pineapple Glaze</p> <p>Honey BBQ Sauce</p> <p>Green Parsley</p>	No School
 <p>Unique hand held hot sandwiches and finger food combo's rule here!</p>	<p>Buffalo Chicken Sandwich</p> <p>Lean Beef Burger with Cheese</p> <p>Roma Herb Potato Wedges</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Salsa Chicken Wrap</p> <p>Grilled Ham and Cheese on Whole Wheat Bread</p> <p>Broccoli w/ Shredded Cheddar Cheese</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Turkey & Cheese Bagel Melt</p> <p>Jalapeno Turkey Burger on Whole Wheat Bun</p> <p>Cinnamony Sweet Potatoes</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Fish Sandwich with Cheese on a Whole Wheat Bun (Sustainable Seafood)</p> <p>Breaded Spicy Chicken Sandwich on WW Bun</p> <p>Mixed Vegetables</p> <p>Fresh Romaine Lettuce & Tomato</p>	
 <p>Classic Cheese Pizza Made w/ Reduced Fat Cheese on Whole Grain Crust Fresh Baked Daily</p>	<p>Buffalo Chicken Pizza on Whole Grain Crust</p> <p>Margarita Flatbread</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Whole Wheat Pizza Dunkers w/ Shredded Cheese & Tomato Dipping Sauce</p>	<p>Veggie Lover's Pizza on Whole Grain Crust</p> <p>Italian Chicken Hot Croissant</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Triple Decker Bean Tostados w/ Salsa</p>	
 <p>Cold Sandwiches & Salads Made Fresh Your Way</p> <p>Available Daily: Tortilla Wraps, Rolls, and Whole Wheat Bread Turkey, Ham, Tuna Salad, Chilled Breaded Chicken American and Part Skim Mozzarella Cheese Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers & Fresh Carrots Fresh Homemade Vegetable Pasta Salad</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Triple Decker Turkey Club on Whole Wheat</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Neapolitan Hero w/ Balsamic Vinaigrette & Vegetable Pasta Salad</p>	<p>Made to Order SALAD Bar</p> <p>Special: Buffalo Style Chicken Salad w/ Toasted Flatbreads & Homemade Ranch Dressing</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Peanut Butter & Apple Whole Wheat Roll Ups</p>	
 <p>Fresh Food Fast-Packaged for Grab N' Go</p>	<p>Triple Decker Turkey Club on Whole Wheat</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>	<p>Neapolitan Hero w/ Balsamic Vinaigrette</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>	<p>Buffalo Style Chicken Salad w/ Toasted Flatbreads & Homemade Ranch Dressing</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>	<p>Catalina Turkey Club Salad w/ Crackers</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>	
 <p>Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available Fresh Homemade Vegetable Pasta Salad</p>	<p>Tossed Salad w/ Light Dressing</p> <p>Petite Bananas</p> <p>Chilled Mixed Fruit</p> <p>Carrot Sticks</p>	<p>Vegetable Pasta Salad</p> <p>Chilled Pineapples</p> <p>Carrot Sticks</p> <p>Chilled Peaches</p>	<p>Tossed Salad w/Light Dressing</p> <p>Fresh Local Apples</p> <p>Chilled Pears</p> <p>Vegetable Pasta Salad</p>	<p>Spinach Romaine Salad w/Strawberries</p> <p>Vegie Pasta Salad</p> <p>Fresh Bananas</p> <p>Carrot Sticks</p>	

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<p>Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p>	<p>NORTHEAST ASIAN RICE BOWL:</p> <ul style="list-style-type: none"> Korean Braised Ribbie Oriental Fried Rice Fresh Carrots & Onions Crunchy Asian Topping Garlic Sesame Sauce Fresh Chopped Green Onion 	<p>MASHED POTATO BOWL:</p> <ul style="list-style-type: none"> Breaded Popcorn Chicken Mashed Potatoes Roasted Carrot Fries WG Bread Stick Homemade Chicken Gravy Fresh Shredded Carrot 	<p>NACHO BOWL:</p> <ul style="list-style-type: none"> Spicy Turkey Taco Meat Cilantro Lime Brown Rice Whole Grain Corn Tortilla Shell Rounds Corn & Black Bean Salad Fresh Homemade Salsa Cinnamon Breadstick Homemade Cheese Sauce 	<p>AMERICAN DINER BOWL:</p> <ul style="list-style-type: none"> Roast Turkey w/ Gravy Bread Stuffing Made w/ Whole Wheat Seasoned Green Beans Whole Grain Dinner Roll Turkey Gravy Cranberry Sauce 	<p>ITALIAN PASTA BOWL:</p> <ul style="list-style-type: none"> Saucy Italian Meatballs Curly Rotini Pasta Fresh Steamed Veggie Medle Toasted Whole Grain Garlic Bun Red Marinara Sauce Roma Herb Seasoning Blend
<p>Unique hand held hot sandwiches and finger food combo's rule here!</p>	<ul style="list-style-type: none"> Hot Chili Burger w/ Monterey Jack Breaded Chicken Sandwich on a WW Bun Broccoli w/ Shredded Cheese Fresh Romaine Lettuce & Tomato 	<ul style="list-style-type: none"> Whole Grain Breaded Chicken Corn Dog Nuggets w/ Biscuit Roast Beef and Cheese Wrap Roasted Carrot Fries Fresh Romaine Lettuce & Tomato 	<ul style="list-style-type: none"> Pizza Burger on a Whole Wheat Bun Chicken Snack Wraps Baked Potato Fresh Romaine Lettuce & Tomato 	<ul style="list-style-type: none"> Breaded Chicken Parm Sandwich Country Skillet Breakfast Wrap Green Beans Fresh Romaine Lettuce & Tomato 	<ul style="list-style-type: none"> Thanksgiving Turkey Wrap Cheese Quesadilla with Yogurt Salsa Steamed Veggie Medley Fresh Romaine Lettuce & Tomato
<p>Classic Cheese Pizza Made w/ Reduced Fat Cheese on Whole Grain Crust Fresh Baked Daily</p>	<ul style="list-style-type: none"> Pepperoni Pizza on Whole Grain Crust Red Hot Chicken Pizza 	<ul style="list-style-type: none"> Chicken Tostado Flatbread Whole Wheat Pizza Bagels 	<ul style="list-style-type: none"> Hawaiian Pizza on Whole Grain Crust Cheese Finger Rip & Dips w/ Tomato Dipping Sauce 	<ul style="list-style-type: none"> Pepperoni Pizza on Whole Grain Crust Hot Taco Pocket 	<ul style="list-style-type: none"> Ham & cheese Stromboli Whole Grain Mexican Pita Pizzas
<p>Cold Sandwiches & Salads Made Fresh Your Way</p> <p>Available Daily: Tortilla Wraps, Rolls, and Whole Wheat Bread Turkey, Ham, Tuna Salad, Chilled Breaded Chicken American and Part Skim Mozzarella Cheese Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers & Fresh Carrots Fresh Homemade Sweet Corn Salad</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Chicken Caesar Wrap</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Parisian Ham & Cheese Wrap</p>	<p>Made to Order SALAD Bar</p> <p>Special: Popcorn Chicken Salad w/ Homemade Spicy Dressing</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Roast Beef and Swiss Bagel with Cajun mayo</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Santa Fe Turkey & Cheddar Wrap</p>
<p>Fresh Food Fast-Packaged for Grab N' Go</p>	<ul style="list-style-type: none"> Chicken Caesar Wrap Fruit Yogurt Parfait w/ Granola Topping 	<ul style="list-style-type: none"> Parisian Ham & Cheese Wrap Fruit Yogurt Parfait w/ Granola Topping 	<ul style="list-style-type: none"> Popcorn Chicken Salad w/ Homemade Spicy Dressing Fruit Yogurt Parfait w/ Granola Topping 	<ul style="list-style-type: none"> Roast Beef and Swiss Bagel with Cajun mayo Buffalo Chicken Salad Wrap Fruit Yogurt Parfait w/ Granola Topping 	<ul style="list-style-type: none"> Santa Fe Turkey & Cheddar Wrap Fruit Yogurt Parfait w/ Granola Topping
<p>Cold Fruit & Vegetable Bar Offered Daily</p> <p>Featuring fresh seasonal produce including local items as available Sweet Corn Salad Daily</p>	<ul style="list-style-type: none"> Sweet Corn Salad Romaine Tossed Salad Chilled Mixed Fruit Fresh Orange Wedges 	<ul style="list-style-type: none"> Celery Sticks Carrot Sticks Sweet Chewy Raisins Fresh Pears 	<ul style="list-style-type: none"> Sweet Corn Salad Caesar Romaine Side Salad w/ Croutons Fresh Local Apples Chilled Peaches 	<ul style="list-style-type: none"> Tossed Salad w/ Light Dressing Corn & Black Bean Salad Petite Bananas Chilled Mixed Fruit 	<ul style="list-style-type: none"> Sweet Corn Salad Carrot Sticks Tossed Salad w/ Light Dressing Cinnamon Applesauce

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 <p>Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p>	<p>WET BURRITO BOWL:</p> <p>Beef & Bean Chili or Southwest Beans</p> <p>Fiesta Rice</p> <p>Golden Corn</p> <p>Shredded Lettuce & Diced Tomato</p> <p>Whole Wheat Flour Tortilla</p> <p>Fresh Homemade Salsa</p> <p>Shredded Cheddar</p>	<p>MEDITERRANEAN BOWL:</p> <p>Tarragon Marinated Chicken</p> <p>Brown Veggie Rice</p> <p>Roasted Italian Vegetables</p> <p>Warm Whole Wheat Pita Bread</p> <p>Homemade Taziki Sauce</p> <p>Chopped Green Onion</p>	<p>FAJITA BOWL:</p> <p>Fajita Chicken</p> <p>Cilantro Lime Chips</p> <p>Black Beans</p> <p>Roasted Bell Pepper & Onion</p> <p>Roasted Tomato Salsa</p> <p>Whole Grain Tortilla</p> <p>Shredded Cheddar</p> <p>Chopped Cilantro</p>	<p>MOM'S MASHED POTATO BOWL:</p> <p>Herb Roasted Chicken</p> <p>Baked Sweet Potato</p> <p>Sweet Peas</p> <p>Whole Wheat Toasted Garlic Bun</p> <p>Homemade Chicken Gravy</p> <p>Fresh Parsley</p>	<p>BRUNCH FOR LUNCH BOWL:</p> <p>Scrambled Eggs, Crumbled Sausage</p> <p>Herb Roasted Potatoes</p> <p>Fresh Orange Wedges</p> <p>Warm Baked Apple Slices</p> <p>Whole Wheat Pancake</p> <p>Warm Syrup</p> <p>Shredded Cheddar</p>
 <p>Unique hand held hot sandwiches and finger food combo's rule here!</p>	<p>Whole Grain Chicken Nuggets</p> <p>Lean Beef Burger with Cheese</p> <p>Golden Corn</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Philly Cheese Steak on a Roll</p> <p>Grilled Teriyaki Turkey Sandwich on Kaiser</p> <p>Fruit Crisp</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Alpine Swiss Burger on WG Bun</p> <p>Triple Decker Toasted Cheese on Whole Wheat</p> <p>Roma Herb Potato Wedges</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Breaded Popcorn Chicken w/ Toasted Garlic Bun</p> <p>Ham and American Cheese Breakfast Flatbread Fold</p> <p>Sweet Peas</p> <p>Fresh Romaine & Tomato</p>	<p>Greek Breaded Chicken Sandwich on a Whole Wheat Bun</p> <p>Meatball Parmesan Pizza Wrap</p> <p>Warm Baked Apple Slices</p> <p>Fresh Romaine Lettuce & Tomato</p>
 <p>Classic Cheese Pizza Made w/ Reduced Fat Cheese on Whole Grain Crust Fresh Baked Daily</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Roasted Veggie Supreme Flatbread</p>	<p>Whole Wheat Pizza Dunkers w/ Shredded Cheese & Tomato Dipping Sauce</p> <p>Sausage Pizza</p>	<p>Chicken & Roma Tomato Whole Grain Pita Pizza</p> <p>Cheese Fingers Rip and Dip w/ Tomato Dipping Sauce</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Turkey & Cheese Hot Pocket w/ Tomato Dipping Sauce</p>	<p>Ham and Pineapple Pizza on Whole Grain Crust</p> <p>Margherita Flatbread</p>
 <p>Cold Sandwiches & Salads Made Fresh Your Way</p> <p>Available Daily: Tortilla Wraps, Rolls, and Whole Wheat Bread Turkey, Ham, Tuna Salad, Chilled Breaded Chicken American and Part Skim Mozzarella Cheese Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers & Fresh Carrots Fresh Homemade Green Goddess Pasta Salad</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Ham and Cheese Sub</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Buffalo Chicken Salad on Whole Wheat Bagel</p>	<p>Made to Order SALAD Bar</p> <p>Special: Monterey Ranch Chicken Salad w/ Homemade Ranch Dressing & Toasted Flatbreads</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Roast Beef & Swiss on WG Sub Bun w/ Golden Honey Mustard</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Santa Fe Turkey and Cheddar Wrap</p>
 <p>Fresh Food Fast- Packaged for Grab N' Go</p>	<p>Garden Cheese Salad w/ Crackers</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>	<p>Buffalo Chicken Salad on a Whole Wheat Bagel</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>	<p>Monterey Ranch Chicken Salad w/ Homemade Ranch Dressing</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>	<p>Roast Beef & Swiss on WG Sub Bun w/ Golden Honey Mustard</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>	<p>Santa Fe Turkey and Cheddar Wrap</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>
 <p>Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available Green Goddess Salad Available Daily</p>	<p>Pette Banana</p> <p>Green Goddess Salad</p> <p>Chilled Mixed Fruit</p> <p>Mandarin Oranges</p>	<p>Fresh Local Apples</p> <p>Crunchy Spinach Salad</p> <p>Chilled Peaches</p> <p>Fruit Crisp</p>	<p>Chilled Pineapples</p> <p>Green Goddess Pasta Salad</p> <p>Carrot Sticks</p> <p>Sweet Chewy Raisins</p>	<p>Caesar Romaine Salad w/CROUTONS</p> <p>Chilled Pears</p> <p>Apple Salad</p> <p>Green Goddess Pasta Salad</p>	<p>Chilled Cinnamon Applesauce</p> <p>Fresh Orange Wedges</p> <p>Tossed Salad w/ Light Dressing</p> <p>Pear Raisin Salad</p>

Montabella Community Schools Menu

Week 4
March 19th – March 23rd



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 <p>Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p>	No School	FIESTA POTATO BOWL: Spicy Mexican Beef Whole Baked Potato Steamed Broccoli Cuts Southwest Corn & Black Bean Salad Homemade Corn Bread or Whole Grain Dinner Roll Homemade Cheddar Cheese Sauce Fresh Shredded Carrot	AMERICAN DINER BOWL: Meat Loaf Macaroni and Cheese Mashed Potatoes Seasoned Green Beans Seasoned Mixed Veggies Whole Grain Dinner Roll Homemade Brown Gravy Green Parsley Flakes	CAJUN RICE (JAMBALYA) BOWL: Savory Crumbled Sausage, Diced Ham Cajun Brown Rice Steamed Brown Rice Warm Baked Apple Slices Fresh Baked Biscuit Spicy Tomato Sauce Fresh Chopped Green Onion	ITALIAN PASTA BOWL: Italian Marinated Chicken Fettuccini Whole Wheat Spaghetti Roasted Italian Vegetables Made w/ Fresh Locally Grown Zucchini & Green Peppers Seasoned Green Beans Garlic Twist Creamy Roasted Garlic Sauce, Red Marinara Sauce Roma Herb Seasoning Blend
 <p>Unique hand held hot sandwiches and finger food combo's rule here!</p>		Breaded Chicken Tenders with Biscuit Lean Beef Burger with Cheese Roma Herb Potato Wedges Fresh Romaine Lettuce & Tomato	BLT Burger on Whole Wheat Bun Spicy Chicken Sandwich on WW Bun Seasoned Mixed Veggies Fresh Romaine Lettuce & Tomato	BBQ Chicken on Whole Wheat Bun Grilled Turkey Club Sandwich on Whole Wheat Warm Baked Apple Slices Fresh Romaine Lettuce & Tomato	Chicken Parmesan Wrap Southern BBQ Meatloaf Sandwich Roasted Italian Vegetables Made w/ Fresh Locally Grown Zucchini & Green Peppers Fresh Romaine Lettuce & Tomato
 <p>Classic Cheese Pizza Made w/ Reduced Fat Cheese on Whole Grain Crust Fresh Baked Daily</p>		Chicken Florentine Flatbread Triple Decker Bean Tostada	Pepperoni Pizza on Whole Grain Crust Cheese Stuffed Breadsticks with Dipping Sauce	Chicken Bruschetta Pizza Topped w/ Fresh Locally Grown Tomatoes Ham & Cheese Hot Pocket w/ Tomato Dipping Sauce	Grilled Veggie Pizza w/ Local Veggies on Whole Grain Crust BBQ Chicken Pizza
 <p>Cold Sandwiches & Salads Made Fresh Your Way Available Daily: Tortilla Wraps, Rolls, and Whole Wheat Bread Turkey, Ham, Tuna Salad, Chilled Breaded Chicken American and Part Skim Mozzarella Cheese Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers & Fresh Carrots Buttermilk Coleslaw Made w/ Fresh Locally Grown Cabbage</p>		Made to Order SANDWICH Bar Special: Parisian Ham & Cheese Wrap	Made to Order SANDWICH Bar Special: Italian Hero	Made to Order SALAD Bar Special: Mandarin Orange Chicken Salad w/ Homemade Sesame Soy Vinaigrette Dressing & Crackers	Made to Order SANDWICH Bar Special: Classic Chicken Salad
 <p>Fresh Food Fast-Packaged for Grab N' Go</p>		Parisian Ham & Cheese Wrap Fruit Yogurt Parfait w/ Granola Topping	Italian Hero Fruit Yogurt Parfait w/ Granola Topping	Mandarin Chicken Salad w/ Homemade Sesame Soy Vinaigrette Dressing Fruit Yogurt Parfait w/ Granola Topping	Classic Chicken Salad Wrap Fruit Yogurt Parfait w/ Granola Topping
 <p>Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available Buttermilk Coleslaw Available Daily</p>		Caesar Romaine Side Salad w/ Croutons Southwest Corn & Black Bean Salad Fresh Local Apples Chilled Peaches	Homemade Coleslaw Tossed Salad w/ Light Dressing Fruit Crisp Chilled Mandarin Oranges	Marinated Tomato & Cucumber Salad Made w/ Locally Grown Cucumbers & Tomatoes Tossed Salad w/ Light Dressing Chilled Pineapples Fresh Banana	Homemade Coleslaw Carrot Sticks Fruit Crisp Chilled Applesauce

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 <p>Favorite Comfort Foods & International Flavors Served Your Way in a Portable Bowl</p>	<p>SWEET N SOUR CHICKEN BOWL:</p> <p>Popcorn Chicken</p> <p>Oriental Fried Rice</p> <p>Stir Fry Vegetables</p> <p>Crunchy Asian Topping</p> <p>Whole Grain Dinner Roll</p> <p>Sweet N Sour Sauce</p> <p>Fresh Chopped Green Onion</p>	<p>ITALIAN PASTA BOWL:</p> <p>Bow Tie Pasta Whole Grain Penne</p> <p>Shredded Part Skim Mozzarella</p> <p>Steamed Broccoli</p> <p>Whole Wheat Toasted Garlic Bun</p> <p>Red Marinara Sauce with Meatballs</p> <p>Roma Herb Seasoning Blend</p>	<p>LATIN AMERICAN ROAST PORK BOWL:</p> <p>Puerto Rican Citrus Pork</p> <p>Rice & Beans</p> <p>Tossed Salad w/ Light Dressing</p> <p>Seasoned Green Beans</p> <p>Spicy Lime Whole Wheat Tortilla Chips</p> <p>Salsa</p> <p>Orange Slice</p>	<p>ORANGE GINGER CHICKEN BOWL:</p> <p>Popcorn Chicken</p> <p>Steamed Brown Rice</p> <p>Fresh Steamed Broccoli</p> <p>Sesame Breadstick</p> <p>Homemade Orange Ginger Sauce</p> <p>Chopped Green Onion</p>	Spring Break
 <p>Unique hand held hot sandwiches and finger food combo's rule here!</p>	<p>Buffalo Chicken Slyders</p> <p>Lean Beef Burger with Cheese on WW Bun</p> <p>Roma Herb Potato Wedges</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Jalapeno Turkey Burger on a Whole Wheat Bun</p> <p>Stromboli Grinder</p> <p>Steamed Broccoli</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Breaded Chicken Tenders w/ Biscuit</p> <p>Pulled Pork on WW Bun</p> <p>Green Beans</p> <p>Fresh Romaine Lettuce & Tomato</p>	<p>Salsa Chicken Wrap</p> <p>Grilled BBQ Chicken on WW Bun</p> <p>Fresh Broccoli w/ Shredded Cheese</p> <p>Fresh Romaine Lettuce & Tomato</p>	
 <p>Classic Cheese Pizza Made w/ Reduced Fat Cheese on Whole Grain Crust Fresh Baked Daily</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Pizza w/ Roasted Italian Vegetables</p>	<p>Pepperoni Pizza on Whole Grain Crust</p> <p>Cheeseburger Flatbread</p>	<p>Hot Dog Twist</p> <p>Italian Stromboli w/ Tomato Dipping Sauce</p>	<p>Whole Wheat Pizza Dunkers w/ Shredded Cheese & Tomato Dipping Sauce</p> <p>Hawaiian Pizza</p>	
 <p>Cold Sandwiches & Salads Made Fresh Your Way</p> <p>Available Daily: Tortilla Wraps, Rolls, and Whole Wheat Bread Turkey, Ham, Tuna Salad, Chilled Breaded Chicken American and Part Skim Mozzarella Cheese Iceberg/Romaine Lettuce, Tomato, Onions, Cucumbers & Fresh Carrots Fresh Homemade Fruit Goop</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Chicken Caesar Wrap</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Santa Fe Turkey and Cheddar Wrap</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Classic Chicken Salad on Whole Wheat w/ Lettuce & Tomato</p>	<p>Made to Order SANDWICH Bar</p> <p>Special: Roast Beef Wrap with Golden Honey Mustard</p>	
 <p>Fresh Food Fast-Packaged for Grab N' Go</p>	<p>Garden Cheese Salad w/ Crackers</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>	<p>Chunky Tuna Salad w/ Crackers</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>	<p>Classic Chicken Salad on Whole Wheat w/ Lettuce & Tomato</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>	<p>Roast Beef Wrap with Golden Honey Mustard</p> <p>Fruit Yogurt Parfait w/ Granola Topping</p>	
 <p>Cold Fruit & Vegetable Bar Offered Daily Featuring fresh seasonal produce including local items as available Fruit Goop Available Daily</p>	<p>Fruit Goop</p> <p>Crunchy Spinach Salad</p> <p>Chilled Pears</p> <p>Fresh Orange Wedges</p>	<p>Carrot Sticks</p> <p>Homemade Coleslaw</p> <p>Fruit Goop</p> <p>Chilled Mixed Fruit</p>	<p>Tossed Salad w/ Light Dressing</p> <p>Petite Bananas</p> <p>Chilled Applesauce</p> <p>Carrot Sticks</p>	<p>Caesar Romaine Side Salad w/ Croutons</p> <p>Chilled Pineapple</p> <p>Veggie Crudites Cup</p> <p>Fruit Goop</p>	