

#### Montabella JR/SR High School Breakfast Menu 2025 Breakfast free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one Entrée:	Choose one Entrée:	Choose one Entrée:	Choose One Entrée:	Choose One Entrée:
1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheese Stick-W/Muffin	<ol> <li>Warm Cinnamon Roll w/ Icing</li> <li>Breakfast Pizza W/Sausage</li> <li>WG Bagel w/ Lite Cream Cheese</li> <li>Cereal Bowl</li> <li>Benefit Banana Bar</li> <li>Yogurt Cup W/Granola Bar</li> <li>Poptart</li> <li>Cheesestick- W/Muffin</li> </ol>	<ol> <li>WG Strawberry Cream Bagels</li> <li>Breakfast Pizza Bacon Egg &amp; Cheese</li> <li>WG Bagel w/ Lite Cream Cheese</li> <li>Cereal Bowl</li> <li>Benefit Banana Bar</li> <li>Yogurt Cup W/Granola Bar</li> <li>Poptart</li> <li>Cheesestick- W/Muffin</li> </ol>	<ol> <li>Sausage Egg &amp; Cheese Muffin</li> <li>Breakfast Pizza W/ Sausage</li> <li>WG Bagel W/ Lite Cream Cheese</li> <li>Cereal Bowl</li> <li>Banana Chunk Bar</li> <li>Yogurt Cup W/Granola Bar</li> <li>Poptart</li> <li>Cheesestick-W/Muffin</li> </ol>	1. Breakfast Bowl 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Cup 7. Poptart 8. Cheesestick- W/Muffin
Complete your Meal:	Complete your Meal:	Complete your Meal:	Complete your Meal:	Complete your Meal:
Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk	Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk	Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk	Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk	Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk
<b>Grab N Go:</b> Cinni Mini Bagel	<b>Grab N Go:</b> Breakfast Burrito W/Salsa	<b>Grab N Go:</b> Breakfast Pocket	<b>Grab N Go:</b> French Toast Sticks	<b>Grab N Go:</b> Pancake on a Stick W/Syrup



Go to <a href="https://www.choosemyplate.gov">www.choosemyplate.gov</a> for online personal wellness resources for you and your family.

Milk selections include: 1% white,1% chocolate. All milk is artificial hormone free.

This institution is an equal opportunity provider and employer

Monday	Tuesday	Wednesday	Thursday	Friday
2)(	4		6	
3 Strawberry Chex	Giant Goldfish	5 Bowl of Lucky	French Toast Bar	Cocoa Puff Bar
Mix, Cheese Stick	Crackers, String Cheese	Charms Cereal	Fresh Banana	Apple Slices
Box of Raisins	Peach Cup	Fresh Tangerine	7 Toon Banana	Apple Glicoc
10				
10	11 Pop Tart	12 Chocolate Muffin	13 Banana Chunk	14 Cinni Mini's
Cereal Bowl	·	Cheese Cubes	Bar	
Mandarin Orange Cup	Bagged Grapes	Peach Cup	Applesauce Cup	Watermelon Applesauce Cup
17	18	19	20	2
Gogurt	Apple Frudel	Smoothie,	Chocolate	Cinnamon Toast
Apple Cinnamon Muffin	Creaina	Scooby Grahams	Croissant	Crunch Soft Bar
Bagged Apples	Crasins	Fresh Banana	Pear Cup	Mandarin Orang Cup
24	25	26	27	2
Cereal Bowl	Banana muffin	NO SCHOOL	NO SOLIOO!	NO SCHOOL
Mandarin Cup	Cheese Stick	INO SCHOOL	NO SCHOOL	NO SCHOOL
	Fresh Apple			

Montabella BIC Elementary

Breakfast Free to All Students-7:30am-8:15am in the Classroom

Fresh Fruit & 100% Fruit Juice Offered Daily

Questions? Please call Lisa Hicks at 989-427-5149 ex 660 Or Email Ihicks@montabella.



All meals served with 1% milk, 1% chocolate milk and 100% fruit juice



Monday	Tuesday	Wednesday	Thursday	Friday
3 A. Scrambled Eggs- Biscuit-Sausage B. Corn Dog  Hash-Brown  10 A. Omelet W/Biscuit B. Chicken Crispito  Smile Fries	A. Chicken Drumstick-Roll B. Ham & Cheese Wrap  Mashed Potatoes  11 A. Chicken Nuggets- Roll B. B. Pizza Pocket  Curly Fries	5 A. Beef Stroganoff & Roll B. Ham & Cheese Sub  Green Beans  12 A. Mac & Cheese - Roll B. Turkey & Swiss Sub  Green Beans	6 A. Beef Taco's B. Egg Salad Sandwich Cheesy Refried Beans  13 A. Hot Dog on a Bun B. Hamburger Baked Beans	7 A. Pepperoni Pizza B. Bacon Cheeseburger on a Bun Corn  14 Turkey Dinner  Only
A. Pancake- Sausage B. Grilled Cheese Tater Tots	A. Beef Nacho's B. Turkey Sandwich	A. Cheeseburger B. Pizza Crunchers  Mixed Vegetable	A. Chicken Tenders -Roll B. Pancake on a Stick French Fries	A. Bosco Sticks B Chef Salad
A. Breakfast Pizza W/Muffin B. Chicken Ranch Wrap Smile Fries	A. Popcorn Chicken W/Roll B. Riblet Sandwich French Fries	26 No school	NO SCHOOL	NO SCHOOL



## Weekly Rotating Choices:

Fresh Lettuce W/Spinach **Grape Tomatoes** Radishes Baked Beans **Baby Carrots** Sliced Cucumbers Green Pepper Slices Broccoli Florets Cauliflower Florets Celery Sticks Cucumber & Tomato Salad Whole Apples Fresh Oranges Fresh Pears Sliced Apples Purple Grapes Diced Peaches

# 2-3-4-5<sup>th</sup> Grade Daily Options:

Bananas Diced Pears Mixed Fruit Cantaloupe

Mon: Wrap,-Cheeseburger Tues: Spicy Chicken-Chicken Sandwich

Wed :Cheese Pull Aparts-

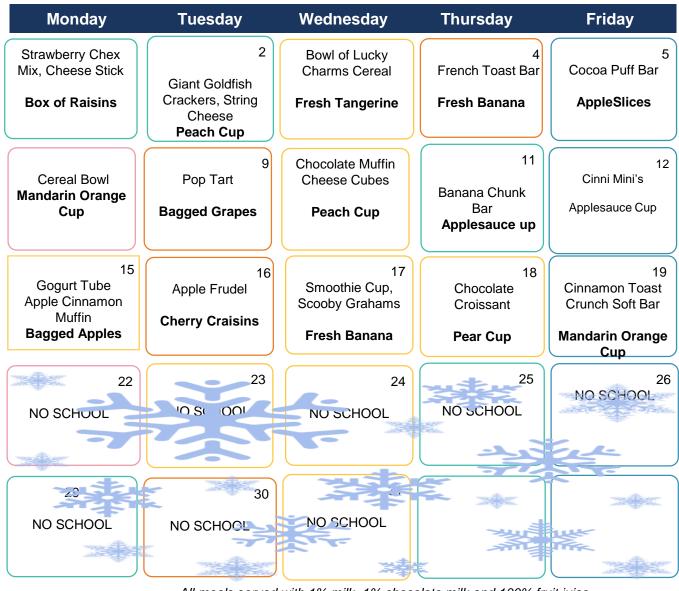
Homemade Lunchable

Thurs: Salad-Yogurt Parfait Friday: BBQ Chicken Wings-Grilled Cheese

Pizza & PBJ Available Daily

All meals served with 1% white milk, 1% chocolate milk





#### Montabella BIC Elementary

Breakfast Free to All Students-7:30am-8:15am in the Classroom

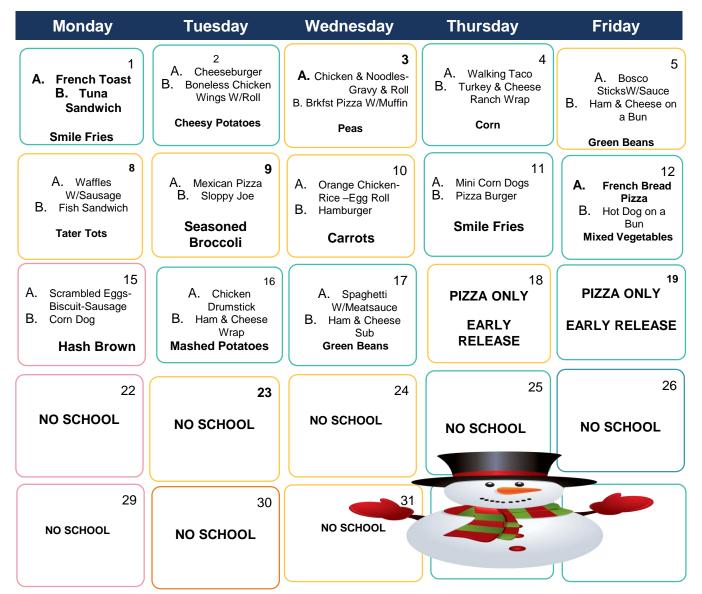
Fresh Fruit & 100%
Fruit Juice Offered
Daily

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# extra.

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Fresh Lettuce W/Spinach **Grape Tomatoes** Radishes **Baked Beans Baby Carrots** Sliced Cucumbers Green Pepper Slices Broccoli Florets Cauliflower Florets Celery Sticks Cucumber & Tomato Salad Whole Apples Fresh Oranges Fresh Pears Sliced Apples Purple Grapes Diced Peaches Bananas **Diced Pears** 

## 2-3-4-5<sup>th</sup> Grade Daily Options:

Mixed Fruit

Kiwi Fruit

Mon: Wrap,-Cheeseburger
Tues: Chef Salad - Chicken
Sandwich
Wed: Cheese Pull ApartsHomemade Lunchable
Thurs: Spicy Chicken
Sandwich - Yogurt Parfait
Friday: BBQ Chicken WingsGrilled Cheese

Pizza & PBJ Available Daily

All meals served with 1% white milk, 1% chocolate milk

