



Montabella **JR/SR** Nov 17th-21st 2025 Lunch Menu

Student Lunch Free -Purchased Milk \$.45

A full student lunch includes a choice of entrée supplying protein and grain, unlimited fruit and vegetable side dishes, and a choice of milk. Milk choices include 1% low-fat white and 1% low-fat chocolate.

In addition to the vegetables and fruits offered on our serving line stations, **a daily cold vegetable and fruit bar is available daily (Extra Extra)**. We feature a variety of vegetables and fruits on the bar including locally grown when seasonally available.

Station	Monday 17	Tuesday 18	Wednesday 19	Thursday 20	Friday 21
	Omelet -Biscuit Sausage Patties Herbed Potato Cubes Juice Syrup Packet	Augratin Potatoes Diced Ham Sesoned Broccoli Dinner Roll	Fiesta Bowl Chicken Fajita -Taco Meat Black Beans-Corn-Peppers- Rice-Gaucamole Tortilla Chips Queso Cheese	Only One Choice Day Turkey Dinner Mashed Potatoes Gravy Stuffing Corn-Roll Pumpkin/Apple Pie	Mac & Cheese BBQ Riblet Green Beans Corn Muffin
	Cheeseburger on a Bun Spicy Chicken Sandwich Chicken Sandwich	Bacon Cheeseburger Spicy Chicken Sandwich Double Cheeseburger W/Tots	Chicken Sandwich Cowboy Burger/Tots Cheeseburger on Pretzel Bun		PepperJack Burger/Tots Spicy Chicken Sandwich Turkey Combo
	Available Daily: Pepperoni & Cheese Pizza on Whole Grain Crust , Also our Sub Station				
	Pizza Crunchers	Pepperoni Calzone	Chicken Bacon Ranch		Stuffed Pepperoni Roll
	Fruited Yogurt Parfait Chef Salad Uncrustable Sandwich Chicken Wrap	Fruited Yogurt Parfait Chef Salad or Honey Dijon Grilled Chicken Salad Uncrustable Sandwich Turkey -Ciabatta	Fruited Yogurt Parfait Chef Salad or Caesar Salad Uncrustable Sandwich Chicken Caesar Wrap		Fruited Yogurt Parfait Chef Salad or Spicy Chicken Salad Uncrustable Sandwich Turkey BLT Wrap
	Spinach Blend Lettuce Baby Carrots Grape Tomato Mandarin Oranges Fresh Apple	Spinach Blend Lettuce Baby Carrots Cucumber & Tomato Salad Sliced Chilled Pears Purple Grapes	Spinach Blend Lettuce Baby Carrots Corn Salad Diced Peaches Fresh Banana	Fresh Apples Bagged Carrots	Spinach Blend Lettuce Baby Carrots Cottage Cheese Blueberry Applesauce Frozen Sorbet

Questions or Comments? Please contact Lisa Hicks Food Service Director at lhicks@montabella.com
<https://payments.efundsforschools.com/v3/districts/56131/> for balance or to deposit money.

Montabella JR/SR High School Breakfast Menu
2025 Breakfast free to all Students

Monday	Tuesday	Wednesday	Thursday	Friday
Choose one Entrée: 1. Warm Biscuit & Sausage Gravy 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheese Stick-W/Muffin	Choose one Entrée: 1. Warm Cinnamon Roll w/ Icing 2. Breakfast Pizza W/Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheesestick-W/Muffin	Choose one Entrée: 1. WG Strawberry Cream Bagels 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheesestick-W/Muffin	Choose One Entrée: 1. Sausage Egg & Cheese Muffin 2. Breakfast Pizza W/ Sausage 3. WG Bagel w/ Lite Cream Cheese 4. Cereal Bowl 5. Banana Chunk Bar 6. Yogurt Cup W/Granola Bar 7. Poptart 8. Cheesestick-W/Muffin	Choose One Entrée: 1. Breakfast Bowl 2. Breakfast Pizza Bacon Egg & Cheese 3. WG Bagel w/Lite Cream Cheese 4. Cereal Bowl 5. Benefit Banana Bar 6. Yogurt Cup W/Granola Cup 7. Poptart 8. Cheesestick-W/Muffin
Complete your Meal: Applesauce Cups 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Pouch of Craisins 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Fresh Banana 100% Fruit Juice 1% White or 1% Flavored Milk	Complete your Meal: Fresh Apple 100% Fruit Juice 1% White or Flavored 1% Milk	Complete your Meal: Boxed Raisins 100% Fruit Juice 1% White or Flavored 1% Milk
Grab N Go: Cinni Mini Bagel	Grab N Go: Breakfast Burrito W/Salsa	Grab N Go: Breakfast Pocket	Grab N Go: French Toast Sticks	Grab N Go: Pancake on a Stick W/Syrup



Go to www.choosemyplate.gov for online personal wellness resources for you and your family.

Milk selections include: 1% white, 1% chocolate. All milk is artificial hormone free.

This institution is an equal opportunity provider and employer

What's on the Menu?

November 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3 Strawberry Chex Mix, Cheese Stick Box of Raisins	4 Giant Goldfish Crackers, String Cheese Peach Cup	5 Bowl of Lucky Charms Cereal Fresh Tangerine	6 French Toast Bar Fresh Banana	7 Cocoa Puff Bar Apple Slices
10 Cereal Bowl Mandarin Orange Cup	11 Pop Tart Bagged Grapes	12 Chocolate Muffin Cheese Cubes Peach Cup	13 Banana Chunk Bar Applesauce Cup	14 Cinni Mini's Watermelon Applesauce Cup
17 Gogurt Apple Cinnamon Muffin Bagged Apples	18 Apple Frudel Crasins	19 Smoothie, Scooby Grahams Fresh Banana	20 Chocolate Croissant Pear Cup	21 Cinnamon Toast Crunch Soft Bar Mandarin Orange Cup
24 Cereal Bowl Mandarin Cup	25 Banana muffin Cheese Stick Fresh Apple	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL

Montabella BIC Elementary

Breakfast Free to All Students-7:30am-8:15am in the Classroom

Fresh Fruit & 100% Fruit Juice Offered Daily

Questions? Please call Lisa Hicks at 989-427-5149 ex 660

Or Email

lhicks@montabella.com



All meals served with 1% milk, 1% chocolate milk and 100% fruit juice

This institution is an equal opportunity provider. Menu is subject to change

What's on the Menu?

November 2025
Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3 A. Scrambled Eggs-Biscuit-Sausage B. Corn Dog Hash-Brown	4 A. Chicken Drumstick-Roll B. Ham & Cheese Wrap Mashed Potatoes	5 A. Beef Stroganoff & Roll B. Ham & Cheese Sub Green Beans	6 A. Beef Taco's B. Egg Salad Sandwich Cheesy Refried Beans	7 A. Pepperoni Pizza B. Bacon Cheeseburger on a Bun Corn
10 A. Omelet W/Biscuit B. Chicken Crispito Smile Fries	11 A. Chicken Nuggets-Roll B. B. Pizza Pocket Curly Fries	12 A. Mac & Cheese - Roll B. Turkey & Swiss Sub Green Beans	13 A. Hot Dog on a Bun B. Hamburger Baked Beans	14 Turkey Dinner Only
17 A. Pancake-Sausage B. Grilled Cheese Tater Tots	18 A. Beef Nacho's B. Turkey Sandwich Corn	19 A. Cheeseburger B. Pizza Crunchers Mixed Vegetable	20 A. Chicken Tenders -Roll B. Pancake on a Stick French Fries	21 A. Bosco Sticks B. Chef Salad Broccoli
24 A. Breakfast Pizza W/Muffin B. Chicken Ranch Wrap Smile Fries	25 A. Popcorn B. Chicken W/Roll Riblet Sandwich French Fries	26 NO SCHOOL	27 NO SCHOOL	28 NO SCHOOL

All meals served with 1% white milk, 1% chocolate milk

**extra.
extra**

Weekly Rotating Choices:

Fresh Lettuce W/Spinach
Grape Tomatoes
Radishes
Baked Beans
Baby Carrots
Sliced Cucumbers
Green Pepper Slices
Broccoli Florets
Cauliflower Florets
Celery Sticks
Cucumber & Tomato Salad
Whole Apples
Fresh Oranges
Fresh Pears
Sliced Apples
Purple Grapes
Diced Peaches
Bananas
Diced Pears
Mixed Fruit
Cantaloupe

2-3-4-5th Grade Daily Options:

Mon: Wrap,-Cheeseburger
Tues: Spicy Chicken-Chicken Sandwich
Wed :Cheese Pull Apart-Homemade Lunchable
Thurs: Salad-Yogurt Parfait
Friday: BBQ Chicken Wings-Grilled Cheese

Pizza & PBJ Available Daily

Lunch Free to All Students
11:05am -12pm- Cafeteria